

**Week 4 Term 2, Wednesday 22 May 2019**

DIARY DATES	
Thursday 23 May	Canteen open, School Banking NAPLAN
Friday 24 May	Canteen open NAPLAN BRINDABELLA ASSEMBLY – 9.15-10.00am Mystery Reader 1.00pm
<b>Monday 27 May</b>	<b>RECONCILIATION DAY PUBLIC HOLIDAY</b>
Tuesday 28 May	Tuggeranong Cross Country Carnival - Stromlo Forest Park <b>Reconciliation Week Commemoration Assembly 1045am</b>
Wednesday 29 May	Canteen open
Thursday 30 May	Canteen open, School Banking
Friday 31 May	Go Orange for Prada Willi Syndrome awareness day

Dear Families and Friends,

I would like to welcome two new staff members to our great team. Deb Ockerby and Scott Carpenter have joined our team as learning support assistants. Deb will be working three days a week in the Brindabella unit and Scott will be working across Tidbinbilla and Namadgi.

Seven staff members travelled to Melbourne last week to visit an inquiry partner school, Mother Teresa and to attend the Hawker Brownlow Conference. Visiting Mother Teresa is always a great opportunity for our staff as it gives them to opportunity to explore a problem of practice in another school and inquire into teaching that they have been trying to improve. The Hawker Brownlow conference is probably the best conference in Australia when it comes to choice. Our team attended sessions about: inquiry and solution focused learning, professional learning communities and school culture, emotional intelligence, strategies to improve the teaching of reading and writing, gifted and talented education, and digital technologies. Our staff were inspired and have brought back many new ideas to try in their classrooms.

The 2020 enrolment period is now open for all families planning on starting at Bonython Primary for the 2020 school year. Below is the link that explains how to enrol in a public school <https://www.education.act.gov.au/public-school-life/enrolling-in-a-public-school/parent-guide>

Please be aware that there are limited positions for our preschool. If you would like to make a time to talk to myself and a tour of the school please contact our front office.

All students at Bonython Primary School benefit each year from the voluntary contributions made from our families. This year we are hoping collectively to reach the target of \$14000. Voluntary contribution are set by our School Board and begins at \$110 for one child and a slight increase for more than one child at the school. The contributions that each family make have impact on what resources we are able to provide for all students at the school.

Some good news is the development of our school crossing is progressing, albeit slowly. The latest update is that costings are being done and the plans are in the process of being drawn up.

Please also be aware that we have had some community members issued with parking tickets in the last fortnight. The rangers are keeping an eye on our school car parks and it is a timely reminder that safety is the number one priority for us at Bonython Primary School.

You may have noticed some mounds developed between our two back car parks. This has been created to ensure that any storm water flow does not create soil erosion in and around the bottom car park. More soil will be delivered with more landscaping and planting to take place in the near future.

Thank you for another great fortnight. Always open to your feedback if you see me around the school. Please come and chat to me about your experiences.

Kind regards

Greg Terrell  
Principal

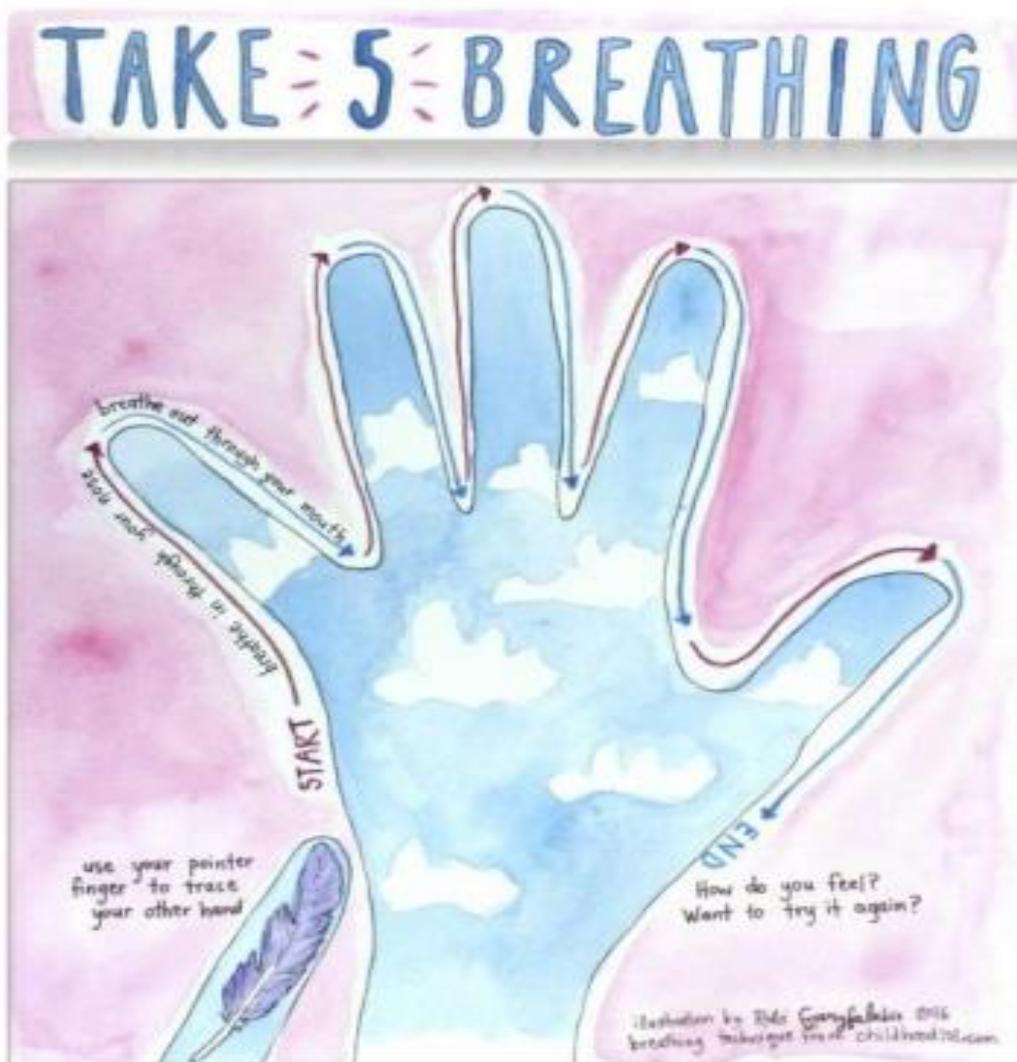
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### ***Have you met our School Psychologist?***

*Hi there, my name is Prudence Sheather and I am the new School Psychologist at Bonython Primary School. I am here on Thursdays and Fridays. Part of my role is to support your school community including teachers and parents with evidence-based strategies to help students to feel calm and connected at school and to engage successfully in learning. If you would like to know more about what I do or if you think that your child may require support from a school psychologist, please feel free to discuss this with your child's classroom teacher or contact me via the front office. I will endeavour to include some useful tips for parents in the upcoming school newsletters. With NAPLAN over for another year, knowing some relaxation activities to do with your child might help to calm the pre-test nerves that often accompany exams and assessments at any age. The following exercise is useful for all age groups and may even come in handy when mums, dads and carers are feeling a bit frazzled! Wishing you all a great day and looking forward to meeting some of you in the future.*

*Warm Regards,*

*Prue - your friendly school psychologist*



# Think U Know Presentation

Our school will be hosting a ThinkUKnow presentation on **Tuesday 11<sup>th</sup> June at 6:00pm in the Namadgi Unit** and all parents, carers and teachers are encouraged to attend.

ThinkUKnow Australia is a cyber safety education program that educates parents, carers and teachers of how people are using technology, the challenges they may face online, and how to help them overcome these in a safe and ethical way.

ThinkUKnow Australia is a partnership between the Australian Federal Police, Microsoft Australia, Datacom and the Commonwealth Bank. The program is delivered in collaboration with policing partners New South Wales Police Force, Northern Territory Police, Queensland Police, South Australia Police, Tasmania Police, Western Australia Police, as well as Neighbourhood Watch Australasia.

The presentation will be delivered by a local law enforcement member and an industry volunteer. The presentation covers issues relating to children and young peoples' privacy and security online, their relationships with other users and their online reputation. It provides insight into the devices young people are using, as well as the popular websites, apps and social networking sites they're accessing.

This is a fantastic opportunity for you to learn more about young people and the online environment, and how you can help them to be safe and responsible users of technology.

For more information, you can visit [www.thinkuknow.org.au](http://www.thinkuknow.org.au) or contact [marissa.owens@ed.act.edu.au](mailto:marissa.owens@ed.act.edu.au)

For logistical purposes we are asking that parents/carers RSVP using the Google Form link below. Please note, the content that the presentation for parents, carers and teachers is not suitable for children due to the nature of the topics discussed.

<https://bit.ly/2JoGex8>

**Enrolments for the 2020 school year opened on 29 April 2019. All ACT children are guaranteed a place in their local public school for Kindergarten to year 12. However, due to growth in recent years in enrolments in the public system, some schools no longer have the capacity to take "out of area" enrolments. These schools have been identified as "Category A" schools and a list appears on the Education Directorate website. You will not be able to seek enrolment for your child at one of these schools unless you live within the school's priority enrolment area (ie, the school's geographic zone). All schools will, however, consider cases where there are legal issues, or exceptional circumstances based on student wellbeing. To avoid disappointment, you are encouraged to check the information on the Education Directorate's website so you can make the best decision for your family from the options available.**

## CONTACT DETAILS

It is important that we have up to date contact details for parents/carers in case of an emergency. If you have changed your **phone number, email address or address** please advise the front office as soon as possible. If you have changed your address, the Education and Training Directorate require us to obtain proof of your new address being a copy of electricity/gas bill or rental agreement.

## PARKING SAFELY AT SCHOOLS

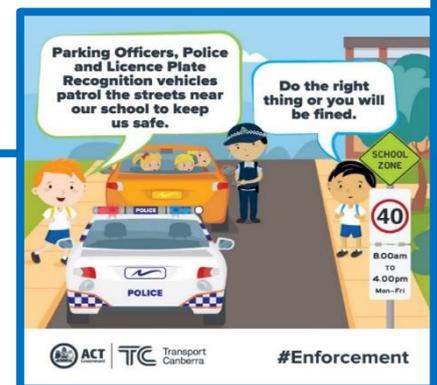
As we drive and park our cars around schools, we all need to ensure the safety of school students is our priority. Parking illegally and unsafely across pedestrian crossings, corners and verges puts children at risk. We all need to help keep our children safe. Here is a short video demonstration: <https://youtu.be/AsIMVXpA9Zc>  
 Access Canberra inspectors will be patrolling our school zones to help us ensure drivers do the right thing.



Parking Operations use a [Licence Plate Recognition vehicle](#) (or electronic chalking), which regularly patrols school environments to increase safety for children. Motorists that commit an offence will receive their infringement notice in the mail (rather than on their windscreen) 5-7 days after the offence.

While the school can become congested during the peak times, illegal parking should be avoided at all times as it creates an unsafe environment for children and local residents. Parents are welcome to park on side streets around the school, but please remember to park legally. Infringements for parking on nature strips, footpaths, verges, street corners and near children's crossings start from \$120.

More information is available on the [Transport Canberra](#) website to promote safe behaviours around schools. Please help to make our school community safe.



### BPS AWARDS TERM 2 WEEK 4

***Congratulations to the following students who will receive their Award at Friday's assembly.***

#### MURRUMBIDGEE

Cahlem C  
Tessa M  
Alphy A  
Evie T  
Blake E  
Chloe S



#### BRINDABELLA

Cooper D  
Selena A  
Sampras D  
Aiden O  
Mackenzie H  
Asher B  
Aiden M  
Sarah H  
Ava M  
Aayush S



#### TIDBINBILLA

Edward C  
Evie B  
Nikhil T  
Charlotte D  
Brodie D  
Djindawala P  
Mikhail M  
Poppy T  
Jackson O  
Isabella S



#### YERRABI

Khattab A  
Anthony M  
Robin J

#### NAMADGI

Layla D  
Musab M  
Montana G  
Tyler D  
Will J  
Ciam D



#### ART

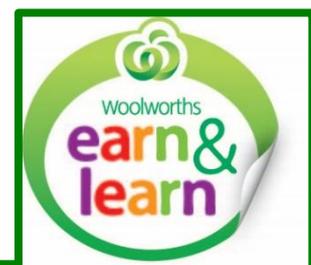
Catelyn M  
Brodie D

#### TECHNOLOGY

Edith L  
Zachary H



*The End of May is Hats Off Day for All Canberra Primary Schools.*



Woolworths Earn and Learn – Start collecting stickers from 1 May to help us earn some great resources for our school! There is a box set up at the front office to pop your sticker sheets in.

## MyWay Reminder for Schools

The month's free travel period comes to an end on Sunday 26 May 2019. With paid services starting next week on Monday May 27, students are being reminded to top up their MyWay cards or purchase tickets to avoid fines of up to \$181 for travelling without a ticket.

During the month's free travel period, whilst drivers have encouraged all students to tap on and off, it has been brought to our attention that there are some students who are not.

Tapping on and off is required by all customers travelling on light rail and buses, and also provides Transport Canberra with accurate data to plan and review services in the future.

*Where can I get a MyWay card? A select number of newsagencies, post offices, and Access Canberra outlets. For the full list visit: <https://www.transport.act.gov.au/tickets-and-myway/get-myway/recharge-agents>*

*I'm a student, how much does it cost? A MyWay card is \$2.50, and then you'll need to top it up for travel.*

*Concession: Tertiary: \$1.61 School student – school day: \$1.22 School student – non-school day: \$1.61*

*Weekday cap: \$4.80 Weekend/public holiday cap: \$2.17*

*I want to catch a bus and light rail – will it cost me two tickets? All MyWay fares include a free 90-minute transfer period so you can connect to a different bus or light rail service or commence your return journey using the same ticket within 90 minutes of purchase. Daily tickets are valid until midnight on the day of purchase.*

*What if I forget to tap on/off? If you don't tap on, you could be fined up to \$181.*

*If you don't tap off after a trip, you'll be charged a default fare.*

*My balance is low, how do I recharge? You can instantly top up your card at a recharge agent, set up an autoloan direct debit online, or top up at a ticket vending machine at all light rail platforms and major bus stations.*

## WHAT IS 'GO ORANGE FOR PWS' DAY'?

Our national PWS awareness day when we ask people to wear or do something 'orange' in support of people with PWS.

## WHY 'GO ORANGE'

One of the main issues people with PWS have to deal with is the constant feeling of hunger. Orange is the colour of hunger, so the idea of 'going orange' is to help us spread awareness of PWS to give adults and children with PWS a better quality of life.

## WHAT IS PWS?

PWS (Prader-Willi Syndrome) is a rare and very complex non-inherited genetic disorder in which several genes on the 15th chromosome are deleted or unexpressed. It occurs in approximately 1:15,000 births and affects almost every part of the body. Symptoms associated with PWS are believed to be caused, in part, by a defect in the hypothalamus; an important supervisory centre in the brain that controls metabolism of fats and carbohydrates, the development of muscle tone, the regulation of the sleep/wake cycle, body temperature, blood pressure, heartbeat, the expression of emotions, and many more functions of the body. The most significant symptom however is hyperphagia - an insatiable appetite. For a person with PWS there is a constant pre-occupation with food accompanied by an unrelenting, overwhelming, overriding physiological drive to eat. Normal satiety (the feeling of fullness after eating) does not exist. People with PWS must always be closely supervised around food and food sources to prevent potentially fatal binge eating episodes.

## WHAT CAN YOU DO AT SCHOOL TO HELP?

Keep food in your bag or designated area until eating times and always place rubbish and food scraps in the bin.

For more information, please visit the Prader-Willi Syndrome Australia website <http://www.pws.org.au/>.





## Protect yourself and your family from the flu

Getting vaccinated is the best way to prevent your family getting the flu this winter. The flu vaccine can save a child's life.

The vaccine is safe, and everyone 6 months of age and over, including pregnant women and young children, should get the vaccination.

Children are more likely to contract the flu, spread it around, and are at a higher risk of serious complications if they get sick. The flu is highly contagious and is spread easily through childcare centres and schools.

The flu vaccine is free in the ACT for:

- children aged 6 months to under 5 years
- pregnant women
- people 65 years of age and older
- all Aboriginal and Torres Strait Islander people aged 6 months and older, and
- people aged 6 months and older with some medical conditions such as severe asthma, heart or lung disease, diabetes or weakened immune systems.

### Where to get your flu vaccination

Everyone can get a flu vaccine from their GP or immunisation provider.

People over 16 years of age can also get a vaccine at some pharmacies.

ACT Government Early Childhood Immunisation Clinics provide a free flu vaccination for children aged 6 months to under 5 years. To book an appointment, call Community Health Intake on 02 5124 9977.

Learn more about influenza and where to get your vaccination at [health.act.gov.au/flu](http://health.act.gov.au/flu)



### PARENT COMMUNICATION

Please make sure your family and friends know about our Facebook page. This form of communication provides instant updates and regular information for our families.

<https://www.facebook.com/pages/Bonython-Primary-School/102380009860463>

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**Board Chair:** Neshia Traise **Email:** [neshiam@hotmail.com](mailto:neshiam@hotmail.com)

**P&C President:** Natalia Ware **P&C Email:** [bpspca@hotmail.com](mailto:bpspca@hotmail.com)

**Canteen:** Mel Donnell: [mellydonnell@gmail.com](mailto:mellydonnell@gmail.com) or Bridget Whatford: [randomflutterby25@hotmail.com](mailto:randomflutterby25@hotmail.com)

**School Website:** <http://www.bonythonps.act.edu.au/>